

A+

What do our clients say about Counseling Solutions at St. Matthew's Institute for Healing & Intentional Growth?

Clients report that during their counseling sessions:

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|--|----|
| 1. Acceptance
I feel accepted | A+ |
| 2. Liking, positive regard
My therapist liked me | A+ |
| 3. Understanding
My counselor understood me and my feelings. | A+ |
| 4. Honesty and Sincerity
My therapist was honest and sincere. | A+ |
| 5. Agreement on goals
We worked on my goals; my goals were important | A+ |
| 6. Agreement on task
I approved of the things we did in session or what I was asked to do as homework. | A+ |
| 7. Smoothness of session
The session was smooth; I felt comfortable | A+ |
| 8. Depth of session
The session was deep; we got to the heart of things. | A+ |
| 9. Helpfulness, usefulness
I found the session helpful | A+ |
| 10. Hope
I felt hopeful after the session | A+ |



Dr. Rivest

*Our clients have told us that: **

- * **Our office is conveniently located**
- * **Their initial appointment was scheduled promptly**
- * **Their goals, feelings and Christian faith were considered important**
- * **Their lives improved quickly through our counsel**
- * **They were able to sustain the improvement after counseling**
- * **They would return if the need arose**
- * **They would recommend us to friends**

*(*From Client Satisfaction Survey)*

This information was reported by our clients who completed a session satisfaction questionnaire. The reporting was done over a period of several months. Many clients had the opportunity to grade several counseling sessions.

The knowledge to teach...the insight to counsel



336 760-1780

“My life has been so much better, even with the trials, because I have learned what it means to truly love and trust God. Thanks for showing me what I needed in life.”

“I am able to go on day by day because God has placed you in my life.”

“I am sure I am one of many who can say I would not have survived without the counseling, spiritual nurturing and friendship I received from St. Matthew’s.”

“(My counselor) tenaciously applied the principles of love, forgiveness, and integrity, continuing to stand with and for me in my struggle to do what was right.”

“I came to St. Matthew’s after trying desperately to receive healing through a troubled life and marriage. I literally had spent thousands of dollars to find this healing. I had been to the best and most prestigious counselors in this city, and, sadly, none had the power and discernment of the Holy Spirit to know my needs and how Christ could free me from my bondage, depression and hurts. I counseled with St. Matthew’s and was tremendously helped. I am truly blessed to have found a shelter from the storms of life.”

“As I entered into counseling I was quickly relieved of a lot of stress and conflict I was having. My relationship with God has grown by leaps and bounds.”

“My recovery would not have been as effective or as efficient without the counseling I received.”

“God has truly gifted you, and I can’t thank Him enough for leading me to St. Matthew’s!”

“I cannot tell you what St. Matthew’s means to me. I have never opened up to anyone like this before, because I came out of an abusive marriage and was unable to open up to my husband for fear of the consequences. Through the people of St. Matthew’s Institute He has healed me.”

“I’ll never be able to pay you back for what you’ve done for me.”